

PILATES INPUT

General terms and conditions (GTC)

Küsnacht, January 2023

Mode of payment:

Mat classes (Group training)

1st trimester: January to April

2nd trimester: May to July

3rd trimester: August to December

The exact dates and class fees will be published sufficiently in advance.

The class fees will be billed and are to be settled in advance for the entire trimester.

We reserve the right to modify class schedules and prices.

Individual training

Appointments to be convened individually.

Individual training is to be settled immediately after the session.

Clients wishing to take out a subscription will be billed correspondingly.

New entries

Mat classes

Joining is basically possible at any time, subject to agreement. In the event of joining during the course of a trimester, the classes attended until the end of the trimester will be billed and are to be settled upon commencing the first class.

Class attendance is subject to corresponding health of the participant. A one-hour introductory class is recommended for participants without any prior knowledge of Pilates.

Cancellation – Mat classes

Cancellations are possible as per the end of every trimester and are to be made out in writing.

If attendance is not cancelled up until 14 days prior to the end of the trimester, the contract shall be tacitly prolonged automatically to the next trimester. An administrative fee of CHF 50.00 will be charged for late cancellations.

Vacations / absences

Mat classes are geared towards the public school holidays of the City of Zurich (sports vacation periods may vary from one municipality to the next). Vacations outside of the normal curriculum: up until 3 weeks will not be deducted but can be compensated in advance or subsequently within the same trimester.

Absences

Mat classes

If absences are announced in advance (24 hours), the class may be made up during the same trimester – subject to agreement and to sufficient capacity.

Classes missed and not caught up with cannot be reimbursed.

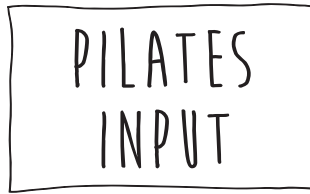
Accident / illness – Mat classes

In the event of the inability to attend mat class for a duration of more than 3 weeks due to an accident or an illness, the following regulation shall apply:

If a medical certificate is presented, the classes missed, minus 3 classes, will be credited to the participant. When the participant attends class again, these 3 classes can be made up for. The other classes will then be credited to the new trimester.

Individual training

Cancellations in advance (24 hours) do not entail any cost. If a cancellation is not made in due time, the training session must be billed to the client.



Classes and training cancelled

If classes or training sessions have to be cancelled by myself for unforeseeable reasons, they can be made up or will be reimbursed.

Insurance

Clients are responsible for their own insurance coverage.

Member of the German and Swiss Pilates Associations. Classes are Qualitop/Qualicert recognized.

Information on the Corona pandemic

Subject to modifications in line with the course of the pandemic and the regulations issued by the Federal Office of Public Health. Physical attendance in the studio may once again be offered in lieu of virtual group classes and vice-versa, in due compliance with the course of the pandemic and the corresponding regulations issued by the FOPH.

Protective measures still apply for studio clients

If you need to quarantine yourself, please be so kind as to contact me. Mat classes as well as individual training sessions can always also be attended virtually.

Michèle Gewelbe Bacchetta

Physical therapist, cert. Polestar Pilates Trainer
Slings Myofascial Training® teacher advanced level (art of motion)